

Stages of Cultural Identity

Stage 1: Cultural Psychological Captivity

- The individual internalizes the negative societal beliefs about his or her cultural group

Stage 2: Cultural Encapsulation

- The individual is ethnocentric and practices cultural separatism

Stage 3: Cultural Identity Clarification

- The individual accepts self and has clarified attitudes toward his or her own cultural group

Stage 4: Biculturalism

- The individual has the attitudes, skills, and commitment needed to participate both within his or her own cultural group and within another culture

Stage 5: Multiculturalism and Reflective Nationalism

- The individual has reflective cultural and national identifications and the skills, attitudes, and commitment needed to function within a range of ethnic and cultural groups within his or her nation

Stage 6: Globalism and Global Competency

- The individual has reflective and positive cultural, national, and global identifications and the knowledge, skills, and commitment needed to function within cultures throughout his or her own nation and world

